



The Panther Press

Florin High School

Fearless in Our Pursuit

Volume II

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Issue II

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HoCo Game & Dance

This year's Homecoming Game and Dance were a blast! On game day, our first ever powerpuff game opened up the night at 5 o'clock with an excellent match between the Seniors & Sophomores and Juniors & Freshmen. Our boys in the powderpuff cheerleading squad put on display their Florin Panther spirit for the fans. At halftime, MasterPeace Dance Company performed to an ecstatic crowd on the 50-yard line, livening up Mark Macres Stadium. After nearly 4 quarters, the game ended with a last-minute game-winning touchdown by the Seniors & Sophomores! The final score was 12-6. Good job girls!

As the Varsity game kicked off, our stands were filling up and turning up the energy. During the game, our graduating classes of 1992 and 1993 filled a section of the bleachers and rallied the crowd to get rowdy on our side of the stadium. Marching band and cheer performed throughout the game on the sidelines and during the halftime break. As usual, they got the crowd ROWDY.

Saturday's dance was nothing less than spectacular. With a record attendance of over 600 students, this year's Homecoming was made truly special. The energy was unmatched. We hoped you all enjoyed the night's festivities. And if you weren't able to go, be sure to come back next year to get the true experience!

Diversity & Inclusion

By **Inshrah Akhtar**, Diversity Commissioner

Here at Florin, we embrace all cultures and important holidays. This month for diversity and inclusion, we will be highlighting Breast Cancer Awareness Month, LGBTQ+ History Month, and Filipino American History Month.

Breast Cancer Awareness Month: Did you know that 1 in every 8 women develop breast cancer? Breast Cancer Awareness Month is celebrated annually every October. Certain factors play a role in developing breast cancer in women and men. The factors include age, family history, genetics, radiation exposure, race, unhealthy eating habits, smoking, drinking, and certain chemical exposures. There are around 300,000 cases of breast cancer each year. The risk of getting breast cancer increases with age. Frequent checkups for breast cancer, maintaining a healthy weight, staying away from drugs and alcohol, and being physically active are among some ways to prevent breast cancer.

Join us on Wednesday, October 5th in the quad during lunch to make a ribbon honoring someone you know that has been affected by breast cancer.

LGBTQ+ History Month: October is also the start of LGBTQ+ History Month. The month aims to highlight LGBTQ+ communities, their struggles, successes, and contributions to civil rights. The month was started in 1994 by a history teacher at Missouri High School. During this month, there is also Ally Week, a week that brings to light the bullying of students from the LGBTQ+ community and urges other students to stand up for them.

ASB and GSA will be partnering to celebrate LGBTQ+ history the week of October 10th - 14th. Check our Instagram page (@florinhighpanthers) for more information.

If you are looking for a safe space to celebrate LGBTQ+ persons and allies, GSA meets every Thursday after school in P8. The google classroom code is ib6r6mg.

Filipino American History Month: Filipino American Heritage Month marks the anniversary of the first ever arrival of Filipinos to American soil. Filipino Americans also make up the second largest Asian community in the US. Here at Florin, Kapit Bisig (meaning "to link arms") is our Filipino club which aims to celebrate Filipino culture and achievements. Meetings are in K3 on Mondays. The google classroom code is rxwd5h7.



Senior Section

By **Andrea Flores**, Senior Class Lt. Governor

Attention Seniors!! UC applications open October 1st and are due November 30th. It's important to get started on your UC Personal Insight questions. These are questions that give the universities a little more information about you. About your experiences, goals, and life. The University Of California admission page has some helpful tips and a step-by-step guide about the process that you should check out. Here are some of the tips I have picked up and believe you should keep in mind during your application journey.

First things first, view all eight questions. Determine which four you want to write about. For each question, you can write 300-350 words. Read the question then write from your heart. For this first draft don't be too worried about the format, word count, word choice, etc. Just write down the core things you want to include. After that, that's when you can focus on fixing up your essay. Just like any other essays, go back and edit them to flow, have correct grammar, and get the word count between the requirements. It's important to keep in mind that you are answering the questions in your answers. A lot of times students will go off to rants or speak around the topic, but that isn't what they're looking for. It's very important to stick to the prompts and answer them correctly.

Another helpful factor is to *show* with your writing, not just tell. For example, don't just tell them you're a good leader because you're "helpful, have experience, and are determined," but instead provide examples. Tell a story of when you demonstrated that leadership and why it was something beneficial to you and others. Try to go as in-depth as you can, but still be under the word limit. Giving stories and examples is what they want to read about, it shows them the kind of person you are. Your answers to these questions also give them a sneak peek of your writing skills and academic talent. Therefore make sure to always go back and double-check your final drafts. Ask someone if they could read your answers as well. It is helpful to have other people read your answers, they could catch little mistakes that you missed.

Overall the most important thing is to speak from the heart in your answers, that's how they'll get a sneak peek of who you are.

For any questions or more help feel free to join Mr. Jensen's UC PIQ Workshop google classroom. The code is 3ap4gos. Here he posts beneficial information and posts when his workshop meetings are. Applications are right around the corner and the best time to start is right now!

Sports

By **Mario Perez & Susan Vong**, Athletics Co-Commissioners

Wednesday, Sept. 7th: Women's Volleyball vs. Rosemont. JV (L), Varsity (L)

Thursday, Sept. 8th: Women's Volleyball vs. Foothill. JV and Varsity stun the Mustangs with convincing wins 2-0 and 3-0 respectively.

Saturday, Sept. 10th: Varsity Football vs. Arcata at home. (L)

Thursday, Sept. 15th: Women's Volleyball vs. Valley at home. Congratulations to the JV Volleyball team for winning this match, two sets to one! Gooo Florin!! Varsity (L)



Friday, Sept. 16th: Our Homecoming football game vs. Highlands. (L)

Tuesday, Sept. 20th: Women's Volleyball vs. Natomas. Our JV won once again against the Nighthawks, winning 2 out of 3 sets! Varsity (L)

Thursday, Sept. 22nd: Women's Volleyball vs. West Campus at home. JV (L), Varsity (L)

Friday, Sept. 23rd: Varsity Football went on the road to take on our rivals, Valley High School at Cosumnes River College. Like always, the stakes were pretty high with the Battle of 99 trophy being on the line.

We dominated from the first blow of the whistle till the last! After four quarters of scoring and shutting out our opponents, we finish the night in excellent fashion, winning 36-0! Most importantly, Florin is still the Battle of 99 rivalry champion! Go Panthers!



Tuesday, Sept. 27th: Women's Volleyball vs. Hiram Johnson. JV wins 2-0. Varsity (L)

Thursday, Sept. 29th: Women's Volleyball vs. Cordova. JV wins 2-0. Varsity (L)

Reader's Corner

By **Moeitai Wilson**

Reading is arguably one of the most important habits you can develop. Improving literacy is aligned with our values of scholarship here at Florin. So in this section, we feature student reviews of titles available in our school library. If you find a book that piques your interest, stop by the library to check it out.

You've Reached Sam by Dustin Thao. *Reviewed By Annie Chen*

A simple drop of abnormal-ness in an everyday modern romance between two teens who have their entire futures planned. But what was unplanned was the death of Sam, Julie's one and only first love. Being able to communicate through phone calls even after his death, they both must learn to move on in their own way.

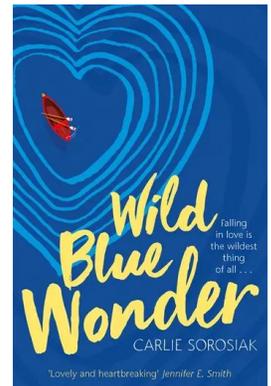
I love how descriptive the story is. Each memory they share brings an image to the reader's mind as if it was a personal experience of their own. The story is light-hearted but also works through each character's development and feelings.



Wild Blue Wonder by Carlie Sorosiak. *Reviewed By Karina Lopez Lopez*

Wild Blue Wonder is a book about a girl Quinn Sawyer whose family owns a camp in Maine where she goes to distract herself from problems and life. Quinn fell in love with her best friend Dylan, but a tragic accident which Quinn blames herself for happening kills Dylan. The accident ruins her and her relationship with her siblings. The grief from losing her best friend slowly goes away when she learns how to love again, when she meets Alexander who doesn't see her as the monster she sees herself. As she learns to love again she fixes a boat which was the cause of the accident, setting everyone free from guilt.

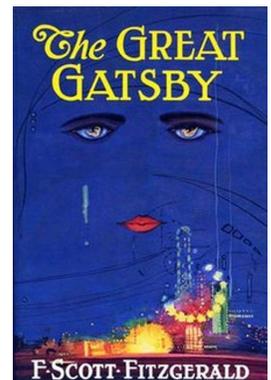
I love how the book includes chapters of events happening in Quinn's life at the moment and chapters of memories of when Dylan was still around, written as if she was talking to him.



The Great Gatsby by F. Scott Fitzgerald. *Reviewed By Tanisha Singh*

Even though most students will read "The Great Gatsby" in class, I highly recommend reading it on your own time because the book is honestly so amazing when you read it on your own with your own perspective plus point of view. This book is more of a literary realism because it depicts the world as it really is. "The Great Gatsby" is about Jay Gatsby, who is a self-made millionaire, and his pursuit of Daisy Buchanan, a wealthy young woman whom he loved in his youth. However, there is so much more than that, and this book can change your perspective on things.

I disliked the ending because what happened at the end of the book shouldn't have happened the way it did.



Local Attractions - Enchambered: Live Escape Rooms

Are you someone who lives for mystery? A little scare here and there perhaps? And if you enjoy working with others to solve riddles and puzzles, then this place is just right for you! Enchambered: Sacramento Escape Room is a local live escape room that will give you the thrills and chills as you work with friends or family to figure out how to escape the themed chambers. Expert set designers have made every inch of these rooms something you could explore and question. If you're a meticulous person, you'll love how intricate these sets are and be shocked by the narrative that every little detail adds to. Light-hearted adventures along with more spooky and scary experiences are available here for visitors. You can find them online [here](#) to book your visit or do so in person. Below are the rooms available and their prices. Be sure to check this place out and come back to tell us how it went, if you make it back...



\$30 - Max Players: 4



\$40 - Max Players: 8



\$40 - Max Players: 10



\$40 - Max Players: 8

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